

**COOMBE BISSETT CoE PRIMARY SCHOOL
CURRICULUM STATEMENT FOR PE**

VISION	VALUES	
<p>Together we can: “Soar on wings like eagles, Run and not grow weary, Walk and not be faint.” Isaiah 40:31</p>	<p>Care (love & service) Commitment (friendship & respect) Creativity (solving problems & doing your best)</p>	<p>Belief (trust & hope) Bravery (courage & justice) Brilliance (wisdom & truth)</p>

PE

“It’s not about the shoes. It’s about what you do in them.” Michael Jordan.

Intent

At Coombe Bissett, we aim to provide a PE curriculum that pupils from Reception to Year 6 not only enjoy but also allows them to experience a range of activities that help them to develop their health, fitness and wellbeing. We intend to offer a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The national curriculum for PE aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Implementation

- Children are taught regularly by both teaching staff and a sports instructor from Reception to Year 6 following the curriculum map and progression map
- We follow the guidelines set by the national curriculum to ensure we offer a range of PE activities that allow each child to feel challenged and offer opportunities to progress further.
- Daily mindfulness moments support physical and mental health
- During playtimes children can access the field even in wet and muddy conditions using their wellington boots so that the children have the maximum space to exercise. We also have a fitness playtrail and table tennis tables to extend the range of play opportunities
- Each term we hold Interteam Tournaments so that every child has the regular opportunity to represent a team in competitive sports linked to the curriculum
- The curriculum is further enhanced by participation in numerous sporting tournaments with other schools in the area and after school clubs
- Y5 and Y6 sports lead sports activities at lunchtime for younger children

- All children swim in Year 3 and Y4, those that have not mastered the expected standards have additional catch-up swimming sessions in Y5 and Y6
- Children in Y5 and Y6 attend PGL Residential to enhance their outdoor adventurous activities through such activities as canoing, abseiling, climbing, etc
- We aim to ensure that the children participate in active lessons outside of their regular PE lessons. This involves incorporating moments within lessons whereby the children can be active. Our Outdoor Activities Curriculum Map identifies these opportunities and includes such things as:
 - Art activities outside with natural materials that are gathered and have to be physically constructed
 - PSHE activities such as shelter building
 - Geography activities such as orienteering
 - Maths activities such as 'runaround' / 'maths of the day'
 - DT Activities such as outdoor adventurous cooking
 - Science activities such a mini-beast hunts

EYFS

As part of the EYFS statutory framework pupils are taught:

Physical development - involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.

Moving and handling: children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively.

Health and self-care: children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.

Key stage 1

Pupils develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They are able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations. Pupils are taught to: master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities

- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

Key stage 2

Pupils continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They enjoy communicating, collaborating and competing with each other. They develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils are taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.