



# Relationships Education, Sex Education and Health Education Policy

From September 2020 it is statutory for our school to deliver "Relationships Education and Health Education" using the RSE guidance provided by the D of E. We will also continue to deliver Sex Education to our children, although this is not a statutory requirement. (See our SRE Policy). Parents have the right to withdraw their child from Sex Education. Parents do not have the right to withdraw their child from Relationships and Health Education.

The delivery of our Relationships Education, Sex Education and Health Education will be through our PSHE lessons.

We define Relationships and Health Education as the following:

"We believe our children should understand and develop the characteristics of strong and positive relationships within their families at home, and with their friends and adults, both in and out of school. We believe our children should understand and develop how to stay safe and be healthy, both in body and in mind."

## Aims:

1. Our children develop resilient relationships that reflect the respect, kindness, care, consideration and honesty that underpin all positive relationships.
2. Our children understand how these relationships reflect and support the difference and diversity of the world they live in.
3. Our children understand how these positive relationships can also support their mental wellbeing, their resilience and their friendships.
4. Our children understand how to stay safe, including on-line.
5. Our children understand how to stay physically healthy and fit, how to eat healthily, the facts about drugs, alcohol and tobacco and how to use basic first aid.

## Curriculum

The RSE curriculum is an integral part of our whole school PSHE programme. We use the Coram scheme and we have a two year spiral curriculum which is planned for. PSHE lessons are timetabled each week, delivered by the class teachers and supported and enriched by outside agencies and visitors. The Coram scheme has coverage of the 2020 RSE curriculum. The 6 termly units for each year are embedded in our PSHE planning and lessons. The differentiated lesson plans teach RSE through a range of teaching methods and interactive activities. An overview of the two year cycle with termly units can be found on the main server under Subjects/PSHE/Long term Curriculum overview and Medium Term Planning. These documents are also available for all to access on our school website.

Class teachers engage with and inform parents about PSHE and RSE topics, teaching and learning by providing half termly knowledge organisers for all pupils in Year 1 – 6. These go out alongside the class Topic Web for the half term and offer information on: Key Questions, Key Vocabulary and offers 'I Can...' statements to support parents and families in understanding what their child will be learning throughout the unit.

***Together we can... "Soar on wings like eagles, Run and not grow weary, Walk and not be faint." Isaiah 40:31***

PSHE and RSE although taught weekly following a progression of knowledge and skills from Year R to Year 6 is also taught through Science, PE and RE. Teachers establish a safe learning environment and provide ground rules for children. Children feel safe asking sensitive and controversial questions. Many examples of these class discussions can be seen in the class PSHE/RSE 'Big Floor Books.' Further individual assessment can be seen in individual children's PSHE/RSE books showing beginning and end of unit tasks for classes Elm, Fir and Ash Class.

There are times class teachers may decide to answer on a whole class basis or 1:1 basis. If any 1:1 support is required of a sensitive nature class teachers will involve parents and carers where necessary to support the child further.

Children are taught how to use Childline with posters displayed in key areas of the school. We also put 'Different Families, Same Love' posters up in prominent places around school and in each classroom so that these can be referred to within teaching and learning.

PSHE and RSE lessons are always taught by class teachers. When a visitor or outside agency is present with a class, class teachers are always present to support the pupils as their known and trusted adult.

### **Monitoring and Evaluation**

Class teachers' feedback regularly to the PSHE leader about RSE lessons. There are assessments in the Coram scheme for staff and pupils Years 1 - 6 to use at the beginning and end of units so that individual children's progression is visible. Feedback is given directly back to visitors and outside agencies eg: online feedback for the Life Base PSHE/RSE Visit and other PSHE/RSE visits during the year.

All stakeholders are part of the RSE monitoring and evaluation. We have a designated Link Governor for PSHE/RSE who conducts timely surveys with our pupils and updates the Governing Body. When appropriate we have parent forum groups to discuss specific areas of PSHE/RSE. On line tools provided by both Coram Education and the PSHE Association are used by the PSHE leader to provide action plans and assessment opportunities for the monitoring and evaluation of both PSHE and RSE. The pupils also take part in the Wiltshire Pupil Survey for Health and Well Being every year that it is available. Parents will receive information about statutory changes as and when necessary.

This policy has been agreed by the Governors and staff at Coombe Bissett CEVA Primary School. It has been reviewed in May 2023 and should be read in conjunction with the policies below:

PSHE Policy  
Anti-Bullying Policy  
Drugs Policy  
E-safety Policy  
RE Policy  
SMSC Policy  
Child Protection and Safeguarding Policy  
SEN Policy

Reviewed: September 2023

Ratified by FGB: November 2023

To be reviewed: September 2025